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Date: September / October 2024

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Let's Hear Your Voice: Healthier Futures Barnsley survey for Autumn term 2024

Dear Headteacher,

The Children and Young People's Public Health team at Barnsley Council have launched **Let's Hear Your Voice** - a health and lifestyle survey that aims to collect a wealth of data, to help us and you to understand and improve the health and wellbeing of children and young people in our Borough. The data collected will offer detailed intelligence into pupil health and wellbeing and can be used by you, to:

- develop whole setting approaches to improve health and wellbeing,
- inform policy and procedure,
- develop bespoke and relevant PSHE and RSE curriculums according to pupil needs,
- and identify and build key partnerships with wider local services to support your pupils.

Surveys are available for the following year groups: Year 4, 6, 8, 10 and post 16. This has been done to ensure that the questions being asked are appropriate for that age group.

The first Let's Hear Your Voice survey ran in 2022. The surveys were developed in 2022 in consultation with schools, young people, and partners. The questions have been designed to ensure complete anonymity. Improvements have been made to the questions in 2024.

The survey covers age- appropriate questions around a variety of health and lifestyle topics, such as:

- Emotional health and wellbeing
- Food and drink
- Oral health
- Physical activity
- Substance use (including alcohol, smoking and vaping)
- Relationships and sexual health

Let's Hear Your Voice will run every two years, which will enable us to track a whole cohort of children and young people throughout their education, offering in-depth trend data on a huge range of topics.

The results of **Let's Hear Your Voice** will provide data that can be used as evidence by your school to understand the health and wellbeing of your pupils and identify areas where support might be needed. Participating schools will have access to individual school level reports which will help you to translate the data into real, tangible actions and will provide evidence for Ofsted and the Healthier Futures Barnsley Accreditation. The survey findings will feed into an anonymous population power BI dashboard. This will be widely used by Barnsley Council and local partners and will be available to access via the Healthier Futures Barnsley website to inform targeted planning and commissioning of health and related services.

Let's Hear Your Voice will go 'live' on **Monday 7th October 2024** and will remain open until **Monday 9th December 2024**.

We are asking **all schools and post 16 settings** to support the delivery of the surveys in their **setting**. Pupils eligible to complete the survey are those in **years 4, 6, 8, 10 and post 16**.

The survey needs to be completed online during school time, in your school.

What next?

If your setting would like to take part in **Let's Hear Your Voice**, visit the **Healthier Futures Barnsley website**, available at <https://www.barnsley.gov.uk/services/children-families-and-education/schools-and-learning/healthier-futures-barnsley/healthier-futures-lets-hear-your-voice-survey/>.

Here you will find the survey links and the **Let's Hear Your Voice** supporting resources to support you in delivering the survey in your setting. On the website there is:

- Staff Toolkit,
- Staff presentation,
- Primary school pupil presentation (Y4 and Y6)
- Secondary school pupil presentation (Y8, Y10 and Post 16)
- Parent/carer information letter,
- Summary page,

If you would like the above documents emailed to your school or if you have any other queries, please contact us by emailing: publichealthcyp@barnsley.gov.uk. This will also ensure we can support you in all aspects of survey delivery and follow-up.

We hope that you can see the benefits that this survey could bring to your setting, and the wider Borough, and we look forward to working with you.

Yours sincerely



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Barnsley Council
Executive Director
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