

BARNSLEY 10K

**Race information pack
Sunday 30 June 2024
Barnsley town centre**

Organised by:

**Sport and Physical
Activity Team**

Move more.
Live well.
Feel better.

With thanks to our sponsors:



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Barnsley is full of running history

Barnsley has a long history of organising and hosting running events. It was once known as the home of running and mass participation events, with the Barnsley Marathon being organised for the first time in the winter of 1974 and the Barnsley 6 being organised in 1974.

During 1975, the Barnsley Marathon became the first marathon in England to allow women to take part under an official race license. This year is identified as the 50th anniversary year of the formation of Barnsley Road Runners, the Barnsley 6 and the Barnsley Marathon.



The running club who originally organised the Barnsley 6 which soon became known as Barnsley Athletic Club. After 2000, the town's 'flagship' 10k moved to Royston, starting in Royston Park before quickly crossing over the border with much of the route taking place on the roads of Wakefield. More recently, the event moved to Grimethorpe bypass, with the running of the event taking place off-road on and around Park Springs.

Barnsley is now the home of a thriving running scene, with events taking place around the borough and throughout the region on a regular basis, boasting running clubs, groups, organisations and activities all centred on meeting up to go for a run. However, 2024 sees the return of running to Barnsley town centre with participants embarking on a 10k course throughout our fabulous town.

Together we can
be a part of it.



Our charitable partner



Our official charitable partner for the Barnsley 10k is Barnsley Hospice.

Celebrating its 30th anniversary this year, the hospice provides specialist palliative and end-of-life care for adults living with a progressive life-limiting illness, and the people close to them.

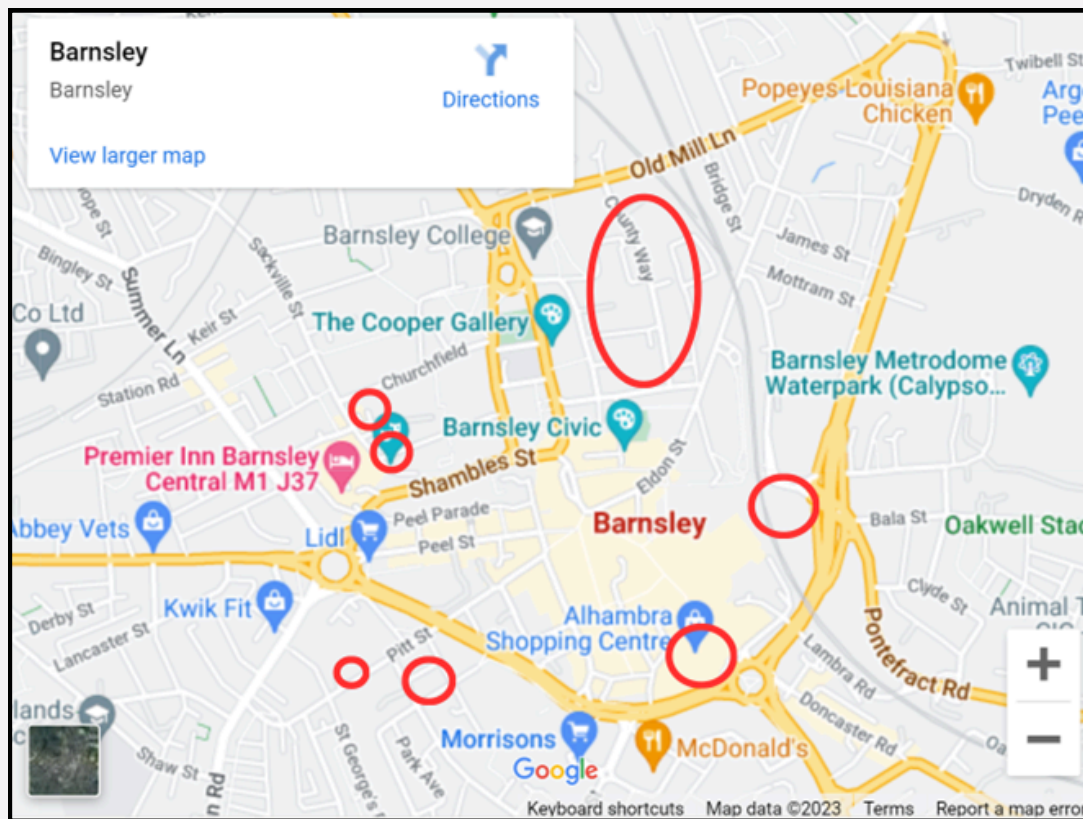
The hospice is there to support people from the point of diagnosis and throughout their palliative care journey, including at the end of their life. A wide range of services are available, helping people to live well, manage their symptoms and access expert support from their multidisciplinary team. Services include a 10-bed inpatient unit, a support and wellbeing service, counselling, bereavement support and more.

As a charity, the hospice relies on the support of donations, grants, and legacies to raise approximately two-thirds of its running costs each year. This would not be possible without the wonderful local community, who have supported the hospice for over 30 years.

We've provided 50 free places that the hospice has distributed to their supporters to fundraise and raise money for the charity, so look out for the runners wearing hospice orange and give them a huge cheer as they come past!



Event parking



It's free!

Throughout Barnley town centre all of our car parks are free on a Sunday for up to three hours. If you're planning on parking within the town centre for over three hours, parking will be charged at 50p per 30 minutes.

The recommended car parks to use are:

- The Seam on County Way
- Sackville Street car park
- Churchfields car park
- Pitt Street car park
- Mark Street car park
- Market Gate car park

It's also recommended that you use out of town parking and commute into town using your feet! Locations such as Locke Park car park offer a great warm-up stroll for those attending the 10k.

There are further parking locations located around the town and further information can be found on www.myringgo.co.uk





Barnsley Premier Leisure are the key operators of leisure facilities throughout the borough of Barnsley, with their gym and leisure facilities being Your Space to feel good. They're embedded throughout Barnsley with a variety of physical activity opportunities on offer.

Your Space is proud to be a sponsor of the Barnsley 10k, with a strong rooted belief that getting off the sofa and moving more will help you live longer and feel good.

Barnsley is a brilliant place because of the passionate people that are in the community of Barnsley and the beautiful surroundings we have across the borough.



Based in Barnsley Town Hall. Experience Barnsley are hosting a 50 year celebration of running in Barnsley, documenting the history of running throughout the borough, showcasing the events that have taken place throughout the years and giving you the chance to take a look at some retro memorabilia.

The exhibition will be officially opened on Saturday 29 June.



Race HQ

- Collect your number
- Drop your bags
- Find the toilet

In the days before the event

Number collection will be hosted in the Market Entrance at the Glass Works reception desk. For details, please see the information below.

- Thursday 27 June between the hours of 11am - 5pm
- Friday 28 June between the hours of 11am - 5pm
- Saturday 29 June between the hours of 12.30pm - 3.30pm



On the day

Race HQ and registration will be hosted in The Glass Works. Please head to the indoor market entrance within The Glass Works, where you will be able to:

- Pick up your number
- Make sure you have enough safety pins to attach your number to your top
- Ask any last minute questions
- Meet loads of charities and organisations from around Barnsley
- Make that last-minute toilet trip
- Assemble to start the race!
- Collect your finisher's t-shirt after the race
- Drop off your essential baggage*

Toilets are located in The Glass Works beside the multi-storey car park lifts and at Market Kitchenas well as in the square adjacent to Cineworld.

*Although we will do our best to keep your baggage safe on the day of the event, it is at your own risk and we advise no valuable items are placed in our baggage area as we cannot be held responsible for any damages made.

Key timings for race day

7.15am	Race HQ opens
8.45am	Assemble runners on the start line in The Glass Works Square
8.55am	Final confirmation of no vehicles on the route and roads fully closed
9am	Race Start within The Glass Works Square in Barnsley town centre
9.20am	Final runner expected to be clear of Town End roundabout – Westway reopened.
9.32am	First finisher expected to return to town
10.30am	Final runner to be clear of the bottom of Redbrook Hill and returning back into town.
10.35am	Rolling road closure reopens road following the tail runner back on Huddersfield Road
10.50am – 11am	Final runner expected to return into town
11am	Presentation to be hosted in Market Kitchen for prize winners

Wellbeing

Medical

Our expert medical team will be on hand throughout the event, based on the course and at the finish. If you feel unwell or injured, it's your responsibility to make sure you withdraw from the event. Please don't put yourself at risk. For top tips, visit www.runnersmedicalresource.com

Road closures

Whilst the roads are closed for the event, emergency vehicles may still try to access them, so please be alert to warnings from our event marshals who will be on the route - they might know something you don't.

Our roads will be closed from the race start until 11am when the road closures are lifted. Any participants remaining on the course will be asked to move to the pavement. You can still finish and collect your merchandise when you arrive.

Water station

The event will be hosted in June, therefore the weather might be a little warm. We will have a water station set up on the course between 5k and 6k on Whaley Road. The weather will be monitored and we will notify participants if further water stations are required.

Rubbish

The environment, ourselves, the community and other participants would appreciate that any rubbish brought onto the course is taken home with you or placed in a bin. We want to leave the environment as we found it and any participants found to be littering will be disqualified and not appear on the results.

Headphones

Due to the nature of the event, we ask that participants do not wear earphones during the race. Bone conducting earphones such as Shoks, formerly known as AfterShoks, will be permitted. This rule is for your own safety and not following it may result in disqualification.

Warming up

The roads will not be closed until 9am when the race commences. We advise that any runners who want to warm up do so at their own risk and use the pavements, footpaths and areas around our beautiful town.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Sole Sisters Barnsley 9.30am Meet at Starbucks on Harborough Hills	Barnsley Athletic Club 7pm Weekly Timetable usually from Barnsley Metrodome	Sole Sisters Barnsley 9.30am Location varies, check the facebook group	Barnsley Athletic Club 7pm Weekly Timetable usually from Barnsley Metrodome	Sole Sisters Barnsley 9.30am Location varies, check the facebook group	Barnsley parkrun 9am Meet at Locke Park cafe at 8.55am	Barnsley Junior parkrun 9am Meet at Locke Park cafe at 8.45am
Barnsley Harriers 6.30pm Meet at Shaw Lane Sports Club	Barnsley Athletic Club 6pm Dorothy Hyman Track Running	Barnsley Harriers 6.30pm Meet at Shaw Lane Sports Club	Barnsley Athletic Club 6pm Dorothy Hyman Track Running	Penistone parkrun 9am Meet on Penistone showground behind Tesco at 8.55am	Penistone parkrun 9am Meet on Penistone showground behind Tesco at 8.55am	Check out the Run Britain Race Calendar, to find events around the borough!
Kingstone Runners 7pm Meet at Higham Cricket Club	Penistone Footpath Runners & AC 6.30pm Meet at Penistone Church FC	Kingstone Runners 7pm Meet at Higham Cricket Club	Penistone Footpath Runners & AC 6.30pm Meet at Penistone Church FC	Miles Counted Running Club 9am Location and Time Varies	Miles Counted Running Club 9am Location and Time Varies	Check out the parkrun UK for other FREE events around the country!
Valley Hill Runners 6.30pm - 7.30pm Meet at Mortomley Close Car Park, High Green	Ackworth Road Runners 6.15pm Meet at Ackworth Cricket Club	Miles Counted Running Club Evenings Location and Time Varies	Ackworth Road Runners 6.15pm Meet at Ackworth Cricket Club	Funetics 5pm - 6pm Children's Coaching at Dorothy Hyman	Funetics 5pm - 6pm Children's Coaching at Dorothy Hyman	Funetics 5pm - 6pm Children's Coaching at Dorothy Hyman
Ackworth Road Runners Junior Section 5.30pm 4 - 7 and 8+ years old Contact the club	Denby Dale AC 7pm Meet at The George Inn, Upper Denby	Funetics 5pm - 6pm Children's Coaching at Hoyland Leisure Centre	Funetics 5pm - 6pm Children's Coaching at Dorothy Hyman	Stocksbridge Running Club 6pm Meet at the band stand at Fox Valley	Stocksbridge Running Club 6pm Meet at the band stand at Fox Valley	Stocksbridge Running Club 6pm Meet at the band stand at Fox Valley
Stocksbridge Running Club 6pm Meet at the band stand at Fox Valley	Funetics 6.30pm - 7.45 8 - 11 year olds at Penistone Bowling Club	Valley Hill Runners 6.30pm - 7.30pm Meet at Mortomley Close Car Park, High Green	Stocksbridge Running Club 6pm Meet at the band stand at Fox Valley	Mother Runners 7pm Meet in Darton Park	Mother Runners 7pm Meet in Darton Park	Mother Runners 7pm Meet in Darton Park
Team Manvers 6pm Beginners run meet at Manvers boathouse	Mother Runners 7pm Meet in Darton Park	Mother Runners 7pm Meet in Darton Park	Mother Runners 7pm Meet in Darton Park	Penistone Footpath Runners & AC 6.30pm - 7.45pm 12 - 17 year olds at Penistone FC	Penistone Footpath Runners & AC 6.30pm - 7.45pm 12 - 17 year olds at Penistone FC	Penistone Footpath Runners & AC 6.30pm - 7.45pm 12 - 17 year olds at Penistone FC
Team Manvers 6.30pm Members Core and Strength, meet at the boathouse	Team Manvers 6.15pm Meet at the Boathouse, coached run session	Team Manvers 6.30pm Members Core and Strength, meet at the boathouse	Team Manvers 6.15pm Meet at the Boathouse, coached run session	Team Manvers 6.30pm Members Core and Strength, meet at the boathouse	Team Manvers 6.30pm Members Core and Strength, meet at the boathouse	Team Manvers 6.30pm Members Core and Strength, meet at the boathouse

We have a wealth of running clubs, groups and organisations around the

Barnsley borough where you can get involved!

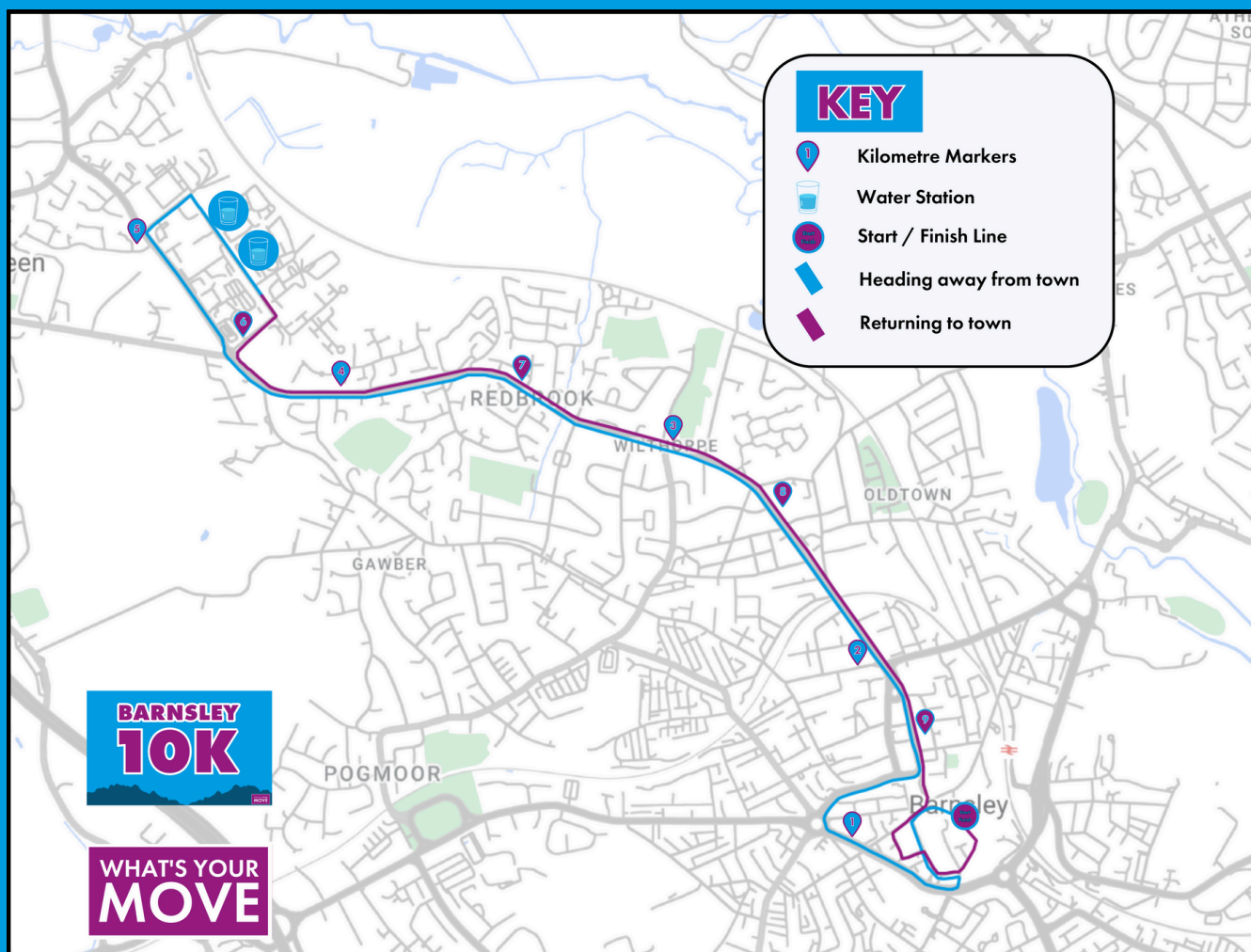
You might want to do some training, get a little bit fitter, find some likeminded people to socialise with or just appreciate the great outdoors.

Then these might just be for you!

Give them a research to find out more information.

WHAT'S YOUR MOVE

The route



Starting and finishing in BARNLEY town centre, our 10k route will commence at 9am from The Glass Works Square, heading onto Queen Street, Peel Square and onto Wellington Street before leaving town and onto West Way. It will prove to be a really fast start!

Runners will leave West Way onto Townend Roundabout and up onto Shambles Street to come in front of BARNLEY Town Hall before embarking away from the town centre and onto Huddersfield Road. The route then headsthrugh Honeywell, Wilthorpe and Redbrook, down to Claycliffe Roundabout and onto Claycliffe Road. You will then turn right onto Whaley Road, where you will find our water station and the halfway marker.

Runners will then re-join Huddersfield Road from Claycliffe roundabout and head back into town, passing the front of the Town Hall and heading down Market Hill and into Peel Square. From there, you will go past BARNLEY Post Office and onto Blucher Street to re-join Wellington Street and head towards New Street, to make the sprint finish along Cheapside and into The Glass Works Square.

Presentation, photos and results

Presentation

The presentation will be hosted in The Glass Works, so please stay around and use the food and drink establishments around town after the race.

The age categories for the prizes will increase in five-year increments, starting at 35+ and going up to 70+. This means you may have received a prize even though you feel you are further away from 1st place. They will be awarded in Male and Female categories.

The presentation will be hosted at **11am**.

Prizes awarded can be seen on the following page.

After the race

Upon completing the Barnsley 10k, as well as the ultimate achievement of crossing the finish line, participants will receive:

- A commemorative finisher's t-shirt
- A medal

Photos

We all love a good photo to celebrate our achievements and share the memories with our friends. All photos will be shared on our social media channels 'Active in Barnsley.'

Many local events also boast a wealth of photographers who support capturing the day. If any local photographers would like to be involved, please get in touch.

Results

Race results will be provided as soon as possible on the conclusion of the event. You'll be able to find them on www.racebest.com and on our social media channels.



Yorkshire Rose are a passionate local group of companies based in Barnsley who do it all from providing trophies and running coach trips to offering a coffee in the town centre.

Steve Mills started the business 15 years ago with a single coach, before later being joined by sons David and James. Yorkshire Rose started as a coach hire company working for other companies but the father and son team decided after five years that they would begin selling their own trips.

With Yorkshire Rose, you're in capable hands - just like on one of their coach trips. Yorkshire Rose will be providing the water for all participants on race day as well as offering finishers a free drink in the town centre!

Prizes

Category	1st		2nd		3rd	
Male	£100		£50		£25	
Female	£100		£50		£25	
Age group	Male	Female	Male	Female	Male	Female
35+	£35	£35	£25	£25	£10	£10
40+	£35	£35	£25	£25	£10	£10
45+	£35	£35	£25	£25	£10	£10
50+	£35	£35	£25	£25	£10	£10
55+	£35	£35	£25	£25	£10	£10
60+	£35	£35	£25	£25	£10	£10
65+	£35	£35	£25	£25	£10	£10
70+	£35	£35	£25	£25	£10	£10

Due to the limited amount of entries Males 70+ includes males from 70 - 76.
 There have been two males enter aged 80+ therefore the prize in this category will be:
 £35 for 1st place only



Rapid Response Telecoms Ltd is a family-run business with over 30 years of experience in the Fibre industry.

The company currently engages with over 130 individuals within its operations through a combination of direct labour and key partnerships.

Rapid Response are providing our traffic management throughout the event, making sure our roads remain closed and reopen successfully after the race. They have years of experience in this area alongside their other operations and have supported events on both a local and national scale, so we're sure they'll do a great job.

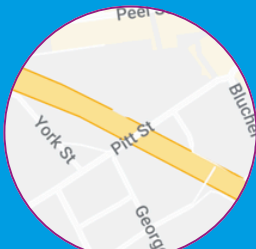
As a part of their sponsorship, the full prize pot for the event has been funded by Rapid Response. Thank you!



Running on your own can feel like a really long way, so we need...

Spectators

The whole route will be accessible for spectators on foot. We recommend that spectators choose to walk along the route and get some steps in whilst you conquer the race as it won't be accessible by vehicle or bike. The recommended spectator points where we'd really like to create some noise are detailed below!



Pitt Street/West Way Bridge

Let's make it a noise tunnel, tell the runners they've nearly finished...



The Whaley Lap

It is the furthest place on the course, so runners will need the support.



The Emmanuel Church

You can see the runners twice and it's the final bit of the climb on the way back to town



Town Hall

You could see the runners twice and possibly beat them to the finish line!



The finish line in The Glass Works, of course!

Henry Boot are one of the UK's leading land, property development, home building and construction businesses which has been transforming land and spaces since 1886.

Listed on the London Stock Exchange since 1919, we're renowned for quality, expertise, delivery and a partnership approach across the group which comprises Banner Plant, Hallam Land, HBD, Henry Boot Construction, Road Link and Stonebridge. Together, we are where great places start.

Barnsley is an important part of the world for Henry Boot. We were involved in the build of The Glass Works, which has had a huge impact on the town centre. We wanted to get involved with the 10k to celebrate the continued partnership between Barnsley and Henry Boot.

Being physically active is good not only for your body but your mind. As an organisation, we value our colleagues' health and wellbeing above all else, and we're continuously seeking out opportunities to support our people in engaging in physical activity and staying active. In June of this year, we have our annual group-wide step challenge to promote staying fit and active.

Our colleagues are running on behalf of Crisis, national charity for people experiencing homelessness and Henry Boot's charity partner for 2024/25. Crisis are a fantastic charity who work side-by-side with thousands of people each year as they find ways out of homelessness. They provide practical support to help people access benefits, healthcare services, employment opportunities and more.

Volunteers

Volunteers are an essential part of the success of any event, and we're excited to offer the opportunity to be a part of our running event in Barnsley.

As a volunteer, you'll play a crucial role in the delivery of the event, from assisting with registration to handing out water to runners or supporting with road closures to ensure the event can safely go ahead.

Your support will help make sure the event runs smoothly and safely for all participants.

Volunteering is also a great way to meet new people, gain experience, and give back to your community. Join us and be a part of making this event a success!

If you're interested in getting involved in volunteering at the 10k, please email Barnsley10k@barnsley.gov.uk.

Policies

- As an adult participating in an adult event, I declare that I am 17 years of age or over on the day of the event.
- Participants between the ages of 15 and 17 will need permission from their parent or guardian to ensure they can participate in the Barnsley 10k.
- I declare that I will not compete in the race unless I am medically fit on the day of the race.
- I enter this race entirely at my own risk. The organisers will not be liable for any personal injury or death, no matter how it was caused.
- I accept that the organisers and sponsors of the race, or any of their agents, will not be liable for any loss, damage, action, claims, costs or expenses which may arise in consequence of my participation of this event.
- I am fully aware of all associated risks involved with participating in this event.
- By entering this race, I give my permission to the race organisers, its sponsors, assignees and licensees to use or authorise others to use photographs, motion pictures, recordings, data or any other record of my participation in this event for any legitimate purpose without remuneration.
- I will listen to and respond to the advice given by race officials and marshals.
- Headphones and/or earphones must not be worn unless they are of bone conducting technology. Wearing earphones/headphones will null and void my entry and result in disqualification.
- Event cancellation: If, for reasons beyond the control of the promoter, including an 'Act of God' due to unforeseen, naturally occurring events that were unavoidable, the event which applicants have entered is cancelled or postponed, the promoters will not issue a refund and entrants waive away any rights to a refund due to event cancellation.
 - The promoter will do their utmost to stage the event and ensure applicants have the reasonable opportunity to participate.
- In the event of adverse weather or any other prevailing circumstances mean that the race is to be cancelled, details will be recorded on the website and on the Facebook page.
- Participants must not transfer their number to another individual in the view that they are gifting the place to someone else whether this be as a gift or for a nominal figure without completing the official transfer process. If, for any reason, participants cannot take part in the event we welcome transferring places through the official channels and through our race provider, RaceBest.
 - Participants must not complete the race without completing the official transfer process. If found to be doing so, both participants will be disqualified and England Athletics will be notified.

Most of all...
thank you and
see you on
Sunday 30 June

In the meantime, keep up to date on social media...



Active in Barnsley



@BarnsleyMoving

