

Keeping adults safe from harm and neglect

Safeguarding Adults

We all have the right to live
free from harm and neglect.

We can help you stay safe
and well by working with you
to stop the harm.

We can help anyone aged 18 and
over who needs care or support to
stay safe and live free from harm.

Learn more about how we can
help keep you or your loved ones
safe by scanning this QR code.



[barnsley.gov.uk/
safeguardingadults](https://barnsley.gov.uk/safeguardingadults)



Who might harm adults?

- Family
- Friends
- Workers
- Carers
- Volunteers
- Anyone who helps or supports you

Where can this happen?

- In someone's home
- In care homes or hospitals
- In public spaces
- At work
- In your local area, including community and social groups

What can I do?

We believe everyone should feel safe and live free from harm. Help is on hand - you can:

- Tell a worker or family member you trust and ask them to get help from Adult Social Care
- Call Adult Social Care on 01226 773300 or text 61009, starting your text with the word 'SAFE', and tell us what's happening
- Call the police on 101 or if you need help straight away, call 999.

What happens next?

A professional will talk to you to understand what help you need and come up with a plan to stop the harm. They could be from Adult Social Care, housing or a health worker.

For more information, please visit [barnsley.gov.uk/safeguardingadults](https://www.barnsley.gov.uk/safeguardingadults).

What sort of things might happen to harm me?

- Family, friends, carers or workers may take money off you without you knowing or borrow money and never pay it back. This is called financial abuse.
- Someone may touch you inappropriately or force you to have sex when you don't want to. This is called sexual abuse.
- A care worker or family member slaps you when you don't get up when they tell you to. This is called physical abuse.
- You need help from a worker, carer or family member to shop, cook or eat. They often leave you with no food and turn your heating off. You've also missed hospital appointments as they didn't take you. This is called neglect.
- You are told you're 'stupid' and to 'behave' otherwise you will be put in a care home. This is called emotional abuse.
- You use a wheelchair and have problems speaking. When you go out, neighbours make fun of you and have pushed your chair over. This is called discriminatory abuse and hate crime.
- You don't like throwing anything away and are not keen on visitors coming into your home. You now can't get into the kitchen or bathroom due to the clutter and are not eating properly. This is called self-neglect and hoarding.
- You live in a care home. You and the other residents are often put to bed before 7.30pm and left even when you buzz for help. Staff are angry and shout a lot. This is called organisational abuse.

Speak to our team,
call 01226 773300.