

Spotlight Magazine



**BARNSELY**  
Metropolitan Borough Council

# Barnsley



**Barnsley – the place of possibilities**



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June 2022

# Welcome to the latest edition of Barnsley Spotlight magazine

## Hello,

We hope you've enjoyed celebrating a 'reet royal do' for the Queen's Platinum Jubilee. This summer, there are more exciting events and activities across Barnsley. You can read more on page 4.

The significant rise in the cost of living is a concern for everyone, and we're doing what we can to offer help and support. Read page 11 for more information.

Find out about the great things taking place in your local community on pages 18 to 23.

We're keen to know what you think about our Barnsley Spotlight magazine. Please fill in our online feedback form at [surveys.barnsley.gov.uk/s/BarnsleySpotlight](https://surveys.barnsley.gov.uk/s/BarnsleySpotlight).

We'll see you again in the autumn for our next edition of Barnsley Spotlight.



**Cllr Sir Steve Houghton CBE,**  
Leader of Barnsley Council



**Sarah Norman,**  
Chief Executive of  
Barnsley Council

## Barnsley – the place of possibilities

It's nearly one whole year since the official launch of Barnsley 2030. Since then, our 2030 Board – made up of key stakeholders from across the borough – have been working together to drive forward our ambitions.

### Healthy Barnsley

- We're working with the Hospital, the Clinical Commissioning Group and the Royal Society for the Protection of Birds to explore how Barnsley's green spaces and natural habitats can improve mental and physical wellbeing.
- Our **BeWell@Work** programme helps businesses and organisations to support healthier, happier employees.
- We're working with our health partners and Barnsley College to develop a CARE Academy. The Academy will support social care providers and NHS organisations to recruit and retain staff, improve quality and access to careers in Health and Social Care.

*"We just want to have fun as a choir, be there for the town when it needs us and just sing our hearts out."*

Luke Mather from Barnsley Singers



### Learning Barnsley

- In the last 12 months, there have been more than 1.8 million visits to our cultural and heritage sites. This includes Cannon Hall, Elsecar Heritage Centre, Wentworth Castle Gardens, and Experience Barnsley Museums. That's more visits than there were before the pandemic.
- 31.1% of people aged 16 to 64 years old have a level 4 qualification or higher. That's a rise of 2.7% of people from the previous year, which brings us up to the national average.
- Barnsley College was recognised as Outstanding by Ofsted. It's the first Further Education college in Yorkshire to achieve this grading under the new Education Inspection Framework.

*"I've done really well. I've had distinctions in all my modules, and I've had five offers from university."*

Bryn Middleton from Northern College



### Growing Barnsley

- We've developed a plan that looks at further investment and growth opportunities across the borough, including Principal Towns.
- More people are visiting Barnsley town centre. There's more footfall than before the pandemic, and numbers are rising.
- We're working with the Chamber of Commerce, Business Village and the Department for Work and Pensions to improve access to jobs. This includes a review of our business centres. We're looking at how new start-ups can thrive in and beyond the first two years of trading. We're also encouraging inward investment opportunities and businesses relocating to Barnsley.

*"In 2030, all of our markets will be thriving and reflect the needs and wants of our local communities."*

*They will be places for everyone. Places to shop, socialise, and spend time. Places that we can all be proud of."*

Chris Savage from Barnsley Council



### Sustainable Barnsley

- A key partnership group has been developed to help us focus our efforts to be a 'net zero borough' by 2045. The Positive Climate Partnership will look at housing retrofit and develop a sustainability knowledge hub for businesses, green transport and logistics.
- Work is underway to improve our active travel routes and public rights of way across the borough. We're already seeing a reduction in fly tipping, although there's still lots of work to do. Barnsley's getting even better at household recycling. We divert almost 98% of waste from going to landfill.

# A new digital campus in the heart of the town centre

Barnsley's Digital Campus, The Seam, will create an 'urban village' using creative landscape, building design, and digital technology to create safe, smart, sustainable living and working environments.

The Seam is already home to two Digital Media Centres and Barnsley College's SciTech building. Proposals for the new development will combine innovative technology to provide:

- sustainable, market-changing housing
- inclusive, green public spaces
- improved facilities for cyclists and walkers
- and a multi-storey car park with electric vehicle (EV) charging points.

During our recent consultation on The Seam, you told us what's important to you as part of the new development.

## What are people excited about?

People were in favour of using The Seam to test new technology. The site will be a real testbed for new ideas and innovations.

With overwhelming support for The Seam to be sustainable – we'll look to explore the latest innovative measures to make the campus a low-carbon development.

We'll look to develop sustainability through the Active Travel Hub – with cycling facilities and new cycle routes. People were also in favour of reducing car use on the campus. EV charging and new smart technologies will also support sustainability.

Overall, people supported new low-carbon housing as part of The Seam.

You also highlighted the importance of public green space as part of the site. Fresh, clean spaces will support people to get more time outdoors for improved wellbeing.

Some feedback highlighted the need to consider parking, antisocial behaviour, and disability access in and around the site. We will, of course, take these considerations into planning the next steps of the site and share how we plan to address any concerns.

We have ambitious plans for The Seam to create a place that will bring together people, business, education and the public sector. This will benefit Barnsley,

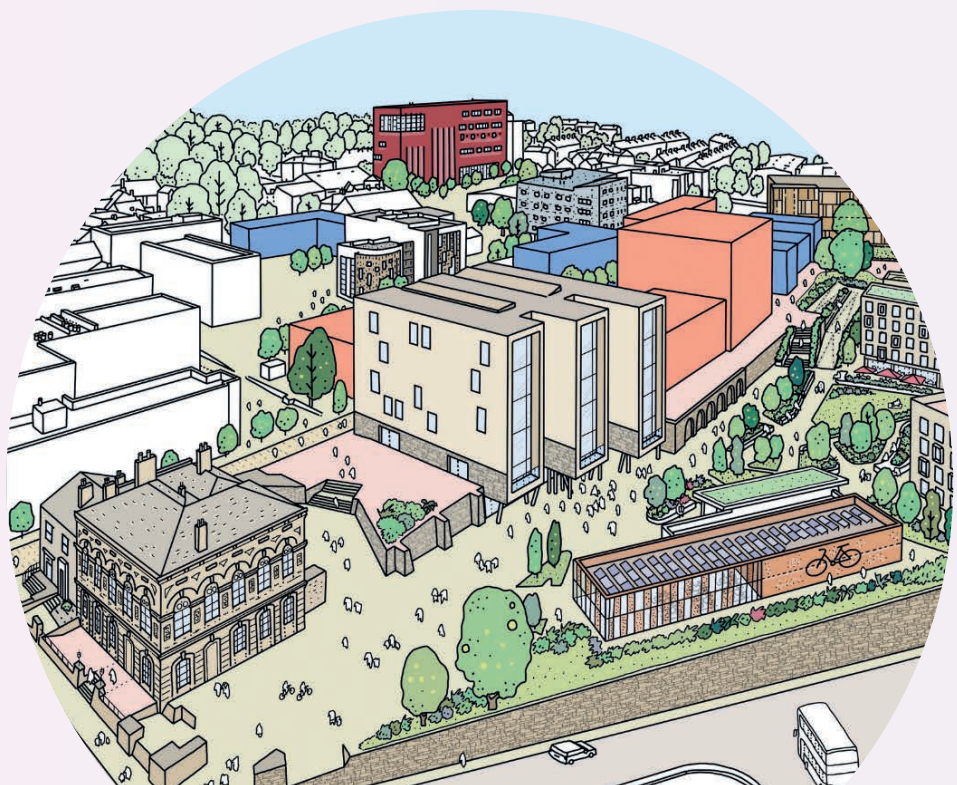
supporting the 2030 vision. It will be a place for businesses to start, grow and expand and for people to learn and develop new skills through Barnsley College.

It will be a place for making connections, sharing, and developing digital growth in Barnsley and across the South Yorkshire region, nationally and globally.

We're excited to share more about these plans as they develop.

*You can find more information at [TheSeam.digital](https://www.theseam.digital).*

**Barnsley is open for business, with our central location, excellent links to major road networks, digital connectivity and attractive local offer.**



# What's on in **B**arnsley...

FREE EVENTS

July

## Barnsley's Big Weekend

### Friday 15 July

Town Centre Races 4pm to 10pm  
Part of the British Cycling's National Men's and Women's Circuit Series

### Saturday 16 July

Mayor's Day 10.30am to 5pm

A fun packed day of family friendly activities at cultural venues across the town centre.

Brassed On Musical Festival ○ Pride Barnsley ○ Big Weekend Music LIVE 4pm to 9pm

### Sunday 17 July

The Glass Works Square 11am to 4pm ○ Big Dino Show - interactive dinosaur show

What's Your Move - sports and outdoor games



DANCE AND MOVEMENT

## Dancing Town - Throughout the month

Workshops and taster sessions showcasing different styles in the Glass Works Square and Library @ Lightbox



August



September

### Saturday 10 September

Dancing Town Finale and Civic Garden Party - The annual event will take place at The Civic and in Mandela Gardens. Complete with dance shows, workshops and live performances across the town centre!

### Friday 9 to Sunday 18 September

Heritage Open Days - Activities and open days at venues across the town centre

### Friday 23 to Sunday 25 September

Heritage Action Zone (HAZ) Eldon Street Performance Weekend - Events and activities including Poet Laureate Simon Armitage and more



ARTS HERITAGE



Find out more at: [Barnsley.gov.uk/Events](http://Barnsley.gov.uk/Events)



THE GLASS WORKS



# Elsecar – a village with an extraordinary past and exciting future

**Dr John Tanner**, Project Manager for Barnsley Museums, talks about the historic village of Elsecar. Exploring its international significance, Royal connections and exciting future plans.

## **Aristocrats and industry?**

### **What was Elsecar all about?**

The Earls Fitzwilliam up at Wentworth Woodhouse created something very special at Elsecar.

They wanted to be right at the forefront of the Industrial Revolution. Rather than just investing in industry or letting other people use their land, they built their own industrial village.

With mighty ironworks, deep collieries, spectacular workshops, workers' cottages, a school, church and more, this village was designed to impress – particularly visiting VIPs and Royalty.

### **Why is Elsecar historically so special?**

Elsecar is about its stories - what we made, and the astounding feats of engineering sent around the globe. It's about the skills and knowledge of our ironmakers and coalminers, the fascinating events, and special occasions.

We've got amazing buildings and historic places – dozens have survived from Georgian and Victorian times. It makes the village truly unique. Most are now Grade II\* listed or Scheduled Ancient Monuments.

Our 1795 Newcomen Engine, the oldest steam engine anywhere still in its original location, is one of the most important historical sites in the whole world.

### **What can people see at Elsecar now?**

The village is now a much-loved place to visit, and it's one of South Yorkshire's favourite trips out.

We've got dozens of independent shops, artist and maker studios, an antique centre, tasty cafes and an award-winning beer tap.



The village has quality traditional pubs and beautiful walking and cycling routes, including the recently restored Trans Pennine Trail.

Elsecar Park is beautiful and packed with things to do for all the family, from crazy golf to listening to brass bands.

### **What does the future hold for Elsecar?**

These are thrilling times for Elsecar. We've been awarded almost £4m from the Cultural Development Fund for new museum and maker galleries, new event space and many more changes. It really will be transformational.

This summer, lookout for a new digital reconstruction of Elsecar. Come down and fly through the village, 140 years ago.

There are new events and tours, a festival day to celebrate the new-look Trans Pennine Trail and extraordinary public art being revealed over the coming months too.

We can't wait and look forward to welcoming everyone.



# Summer Reading Challenge 2022

**Introducing... Gadgeteers. Coming to a library near you this summer.**

What do you love doing? Are you a brilliant baker? Or a mega music fan? Are you the tech wizard amongst your friends?

Join the Gadgeteers for the Summer Reading Challenge to discover the amazing science and innovation behind the world around you, including some of your favourite things. Your imagination can unlock endless possibilities.

The Reading Agency has teamed up with Science Museum Group for a very special science-themed challenge for 2022 that will inspire you to use your imagination and creativity. Gadgeteers will feature amazing books, awesome rewards, and plenty of ideas for cool experiments and activities to discover the science all around you.

Visit your local library to find out more, or look at our website at [Barnsley.gov.uk/Libraries](https://Barnsley.gov.uk/Libraries).

## GADGETEERS



SCIENCE  
MUSEUM  
GROUP

IGNITING  
IMAGINATION  
INSPIRING  
INNOVATORS

20  
YEARS  
THE  
READING  
AGENCY

## Dodworth Library receives funding for transformation

Barnsley Libraries has been awarded £144,375 of funding from the Arts Council England through the Libraries Improvement Fund, part of the Cultural Development Fund. This will support the transformation of Dodworth Library as part of our commitment to refurbish all our community libraries.

The refurbishment of Dodworth Library will bring an updated look and improved facilities. It will create a flexible and modern space, with a bright new children's area and places to study.

More information about the transformation will be coming out in the next weeks and months. Please keep an eye on our social media channels for the latest updates.



— BARNLSLEY —  
**LIBRARIES**

# Steady Steps

Through the work of the Barnsley Older People Physical Activity Alliance, older people have been building their strength, improving their balance and having fun.

Audrey, 72, who has been attending Healthy Bones classes, said: *"You get wary as you get older about doing things. This has really increased my confidence to be able to do things."*

Christine, 69, said: *"I've become more aware of the different exercises and movements that help you do everyday things."* She added: *"Mentally, I feel a lot better since joining the class. Coming out and meeting other people, you feel a lot brighter."*

Jan, 66, said: *"It is actually a brilliant social event. We all have a lot of fun."*

For more information about activities near you, visit [BarnsleyWhatsYourMove.co.uk](https://BarnsleyWhatsYourMove.co.uk) or call Age UK Barnsley on 01226 776820.

Healthy Bones Class at Shipcroft, Wombwell



# Tanya turns the tables

From a shy and nervous learner to a leader of the class, Tanya's learning journey has come full circle.



In 2015, Tanya was a completely different person from who we know today. She struggled with low confidence and self-esteem.

At this time, Tanya enrolled at Adult Skills and Community Learning. Starting with a level 2 course, she wanted to get into teaching and work in a school in the future.

Ann remembers what it was like to teach Tanya. She said: ***"When I first met Tanya, she was not confident. She was very nervous and wouldn't sit near the other learners or talk."***

***"Slowly, with encouragement, she began to interact more. Once her confidence started to build, you could tell she had a thirst for knowledge and a real zest for life."***

Ann encouraged Tanya to keep a reflective diary throughout her journey, so she could see how far she'd come in her own words.

***"As a tutor, it's about encouraging and allowing learners like Tanya to recognise every small step of progress they make. All Tanya needed was someone to say that her work was excellent, suggest ideas on what to do next, and someone to push her towards that. I was more than happy to be that person for her."***

Tanya achieved her level 2 and level 3 qualifications before deciding to go to university. She then completed her teacher training, graduating with a first-class degree from Leeds Trinity University in 2021.

Now, Tanya teaches a range of creative and general wellbeing courses. She helps new learners to fulfil their learning potential in the classroom where she was a student years before. Tanya said:

***"It's a privilege to help people the same way the tutors helped me. When I walked into the classroom, I couldn't talk, and I knew I wouldn't come back if anyone asked me a question that first day."***

***"Now, thanks to the encouragement of my tutors, I'm standing at the front of the class. I'm delivering lesson plans I've put together myself. It's amazing to look back and see how far I've come."***

Tanya's story goes to show how developing skills, talent and creativity within people of all ages opens up exciting prospects. Fulfilling her learning potential has helped Tanya to enjoy the benefits of work and the impact it has on providing purpose and motivation, supporting good health and creating a sense of belonging.

# Join an Outstanding College

Enrol this summer and take the first steps towards your future.



Contact us for more information:

• [www.barnsley.ac.uk](http://www.barnsley.ac.uk)  
 ☎ 01226 216 123  
 ✉ [info@barnsley.ac.uk](mailto:info@barnsley.ac.uk)

#Beoutstanding

## Apprenticeships | T-LEVELS

# Fancy a more hands-on approach to learning?

Earn as you learn with an apprenticeship or gain a qualification equivalent to three A Levels with a T Level.

Learning on-the-job equips you with the industry-specific skills and knowledge to pursue a successful career.

We offer T Levels in eight subjects and have over 70 apprenticeship programmes.



# Boost your career prospects

**FREE**  
 English and Maths courses are available!

## With our Adult and Part-time courses!

Want to change your career, gain qualifications or learn a new skill?

Start a course tailored to you!

We offer flexible learning including:

- Adult and part-time
- Higher Education
- Distance Learning
- Apprenticeships

Apply now by visiting: • [www.barnsley.ac.uk/adult](http://www.barnsley.ac.uk/adult)

For more information call ☎ 01226 216 123 or email ✉ [info@barnsley.ac.uk](mailto:info@barnsley.ac.uk)

# Better you!

We offer university-level courses in a range of subjects including:




- Animal Care
- Art
- Business and Management
- Community
- Education Studies
- Events
- Health and Social Care
- Music
- Sport

Find out more: • [www.barnsley.ac.uk/he](http://www.barnsley.ac.uk/he)



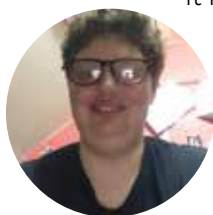


# Get inspired by our future generations

 @BarnsleyYC and @BarnsleySYF  
 @BarnsleyYC and @BarnsleySYF  
 @barnsleyyc

Young people having their say is so important to us here in Barnsley. We're proud to work with such passionate young people. Meet Beth, a member of the SEND Youth Forum, and Isaac, a Youth Councillor.

## Beth, what does being part of the SEND Youth Forum mean to you?



"It means giving people with Special Educational Needs and Disabilities a voice on how to help them in the future. Providing opportunities for young people to speak up empowers them to want to make positive changes."

## That's great. What projects are you going to be working on?

"Over the next year, we aim to continue supporting current campaigns. We'll also be following up on new work areas from this year's Make Your Mark results, encouraging young people to contribute their views in our surgeries. We'll be working closely with Barnsley Safeguarding Children Partnership on the new anti-bullying strategy and the SEND improvement team. This will make sure the views of young people are reflected in plans, improvements, and strategies."

## Isaac, what does a Youth Councillor do?

"Being a Youth Councillor means being an advocate for all. We take in all opinions and try our hardest to make as many positive changes



as possible for the young people of our borough. Young people are the decision-makers of the future. They have many important opinions and ideas that can improve things for all."

## Fantastic. What's coming up for the Youth Council?

"Over the next year, I hope to continue my work on improving transport. I also look forward to working on campaigns based on the Make Your Mark results."

# Why we're proud to care...

We're incredibly proud of our borough's care workers. Their support, companionship and commitment make a real difference in people's lives in Barnsley.

As part of our virtual health and social care recruitment fair, we've been speaking to our borough's care workers to hear why they're proud to care.

What they all told us was how rewarding they found their role. They are proud to be there for people who need support and care for them like they would their own families.

Kathy has been working in care for over a decade. She said the best part of her job was when someone she cared for asked if she'd be coming back tomorrow.

Joy told us seeing people's faces light up as she walked in made it worthwhile.

In moments like these, they could see the impact they have on someone's daily life, simply by being a friendly face on hand to offer care and support.

Rebecca, who provides care in people's homes, told us what she loves most about her role –

*"When someone has a frown, you turn it upside down. If I've left a smile on someone's face, I've done my job."*

For these care workers, brightening someone's day and seeing the impact their care was making made their roles so rewarding.



If you could make a difference in someone's life, working in care could be a career for you. There are lots of opportunities to learn and grow. Find out more about working in care at [Barnsley.gov.uk/ProudToCare](https://www.barnsley.gov.uk/ProudToCare).

# Barnsley Armed Forces and Veterans Breakfast Club still going strong after seven years

Since 2015, veterans and serving members of Her Majesty's Armed Forces have come together for a breakfast club every Saturday morning. Barnsley's Breakfast Club meet in a relaxed setting, sharing stories, struggles and like-minded conversation.

Leaving the military is often an overwhelming thing, and going from being in a large tribe to coming home can be a shock to the system. The club encourages veterans to 'return to the tribe' and provide a sense of belonging. The club says: **"It really works because we all have a similar sense of humour, values and outlook on life."**

Councillor Joe Hayward is the Armed Forces Champion and is heavily involved in the group. He said: **"I feel so proud this group is still going strong after seven years. Some group members told me they felt quite lonely before they started coming**

**to these breakfasts. It's lovely to see them come out of their shells and make new friends."**

These veterans and hundreds of others will be attending the upcoming Armed Forces Day event on Saturday 25 June 2022. Armed Forces Day is a National Day of Celebration for the people who make up the Armed Forces community, from current serving troops to service families, veterans and cadets.

Showing support for the Armed Forces provides a much-valued morale boost for the troops and their families.



This event will be held at Penistone Show Ground from 11am to 4pm. To purchase tickets, please visit [TriServicesCIC.co.uk](https://www.triservicescic.co.uk).

## Watch out – our Wardens are about

**We're working together to create a place where people are proud and look after their local environment.**

It's been a busy start to the year for our Neighbourhood and Town Centre Wardens who continue to **#JoinForces** and work hard to keep our borough safe.

Recently our wardens have investigated abandoned vehicles and undertaken foot patrols across our borough. They've also joined forces with partners from South Yorkshire Fire and Rescue and South Yorkshire Police to tackle anti-social behaviour.

Our wardens continue to issue Fixed Penalty Notices for breaching our dog control PSPO (Public Spaces Protection Orders), littering and fly tipping offences.

If you'd like to speak to our Neighbourhood Wardens, please email [Safer@barnsley.gov.uk](mailto:Safer@barnsley.gov.uk) or visit [Barnsley.gov.uk/JoiningForces](https://www.barnsley.gov.uk/JoiningForces)





## Introducing Shelly Lowe, Involvement and Information Officer at Barnsley Council's Families Information Service

I work in the Families Information Service, helping people in Barnsley with lots of things to do with family life.

Part of my role is to keep our online Family Service Directory up to date. It's an online hub where families and professionals can find loads of helpful information from pregnancy to adulthood. It can help with things like finding childcare, childcare costs and early help. There are community groups, free parenting courses and information on school places.

There's also an emotional health and wellbeing section with self-help tips, support groups and services.

**If you need any advice or support for your child or family member, search 'Barnsley FSD' on Google, call us on 0800 0345 340, email [InfoFIS@Barnsley.gov.uk](mailto:InfoFIS@Barnsley.gov.uk), or you can find us on Facebook.**



## E-safety is the focus for the first One Adoption South Yorkshire annual conference

Adopters from across the region joined staff and representatives from partner agencies for the first One Adoption South Yorkshire annual conference.

Adoptive parents and adoption staff came together for the first time since the Regional Adoption Agency launched in January 2021.

Dr Peter Buzzi shared his extensive knowledge and research about online safety, particularly safeguarding vulnerable children. He emphasised the importance and impact of social media for young people and gave practical advice to manage online risks.

Activities on the day included a speech from an adoptive parent, who shared her own experiences dealing with online safety issues with her children. Workshops covered peer mentoring, supporting adopted young people aged over 16, and other important topics.

**For more information about One Adoption South Yorkshire, please visit [OneAdoption.co.uk](http://OneAdoption.co.uk).**

## Getting help with the rising cost of living

If money worries are affecting your everyday life, there's a range of support and advice available to help you manage the rising cost of living. Go to our webpage at [Barnsley.gov.uk/More-Money-In-Your-Pocket](http://Barnsley.gov.uk/More-Money-In-Your-Pocket), to find out how you could save money or get help in a range of areas, including housing, utility bills, food, budgeting, mental health and wellbeing.

## Keep yourself warm and well

Worried about heating your home now energy costs have risen, or struggling with energy debts? Don't wait for winter to act.

**Call 01226 773 366 to speak to our Warm Homes team, who can advise on the support available:**

### Free insulation

Grants are available to help cover the costs of insulation for households with a total income under £30,000, subject to a full technical survey. Rental homes are subject to a landlord contribution.

### Free gas central heating

For homeowners with a long-term health condition whose homes don't have gas central heating, subject to eligibility and technical surveys. Private rented properties are subject to a landlord contribution.

To qualify, you need to also have a total household income of under £30,000 a year, not have a gas central heating system and heat

your home by gas fires, electric storage heaters or coal fires.

We can help connect you to the gas network for free if you don't have gas to your property but are close to a gas main.

### Help with energy debt

Energy suppliers have funds available to help people who meet certain criteria to pay off energy debt and reduce monthly payments. Each supplier has different criteria; contact yours to see if you qualify.

### Warm homes discount

Contact your supplier to see if you're eligible to have £140 taken off the cost of your energy bill.

### Winter fuel payment

Those born on or before 26 September 1955 could get between £100 to £300 from the government to help towards heating bills.

**For more information, visit [Barnsley.gov.uk/WarmHomes](http://Barnsley.gov.uk/WarmHomes).**

# Today's GP network – an expanded team of specialist health and wellbeing support working for Barnsley's patients

The way healthcare is delivered is changing, Barnsley Healthcare Federation looks at what this means in practice to Barnsley patients heading to their local doctor's surgery.

Our GP teams have expanded to include new roles that address a wider range of health and wellbeing for patients. We still have GPs and nurses at the heart of each practice, but they can now call on colleagues and partner organisations for additional and specialist support. This means patients may find themselves speaking to people such as:

**Care Coordinators**, who work with patients to understand their needs and direct them to the right support, advice and information.

**Clinical Pharmacists**, who make sure patients are getting the right medication and that it's working for them.

**First Contact Physios**, providing assessment and management of musculoskeletal conditions, such as pain or injuries relating to joints, ligaments and muscles.

**Health and Wellbeing Coaches**, working with patients to help them manage their health and wellbeing in a way that best suits the patient.

**Nurse Associates**, or **Trainee Nurse Associates**, providing additional hands-on nursing care, such as blood pressure checks, vaccinations, cannulations and more.

**Physician Associates**, who work alongside doctors to provide patient care, such as history taking, clinical assessment and making diagnoses.

**Social Prescribers**, visiting patients in their homes to discuss non-medical support that will help patients improve their wellbeing and reduce social isolation.

**What does this mean for patients?**  
For patients, there's still one central place to go for medical care – the GP practice – the main differences are that there's more care available and there's additional specialist support.

To help direct people to the right place, our GP reception teams will have longer and more detailed conversations with patients when they call or drop in. Patients can then be directed to the right person, for the right care.

They might not see their GP; they will see the best person to help them with their particular needs. This could be someone within the GP practice, in another NHS organisation, or in a specialist health and wellbeing provider in the voluntary sector.

It's all about patient-centred care – removing unnecessary appointments and speeding up the process.

*Barnsley Healthcare Federation is an NHS Provider and not-for-profit, community interest company. It manages the Barnsley Primary Care Network (PCN), which is made up of 32 GP practices, and runs the iHEART Barnsley out of hours GP service. For more information visit [BarnsleyHealthcareFederation.co.uk](https://www.barnsleyhealthcarefederation.co.uk)*



**"Patients might not see their GP; they will see the best person to help with their particular needs."**

# Improving Access to Psychological Therapies (IAPT)



## Are you having trouble sleeping? Feeling stressed, anxious, worried or have low mood generally?

StressPac is a FREE NHS facilitated self-help course designed to introduce new ways of managing stress using professionally guided techniques.

It is available for everyone aged 16+ registered with a Barnsley GP. You are welcome to contribute to the course, but it is OK just to listen.

The course is run over 6 weeks with one session per week lasting 2 hours.

**Week 1** – What is stress?

**Week 2** – How to control your physical responses to stress

**Week 3** – How to control your actions (low mood)

**Week 4** – How to control your actions (anxiety)

**Week 5** – How to control your stressful thoughts

**Week 6** – Sleep, problem solving and bringing it all together

**FREE**

to anyone aged 16+  
registered with a  
Barnsley GP

For dates and time of courses and to book a place  
visit [www.barnsleyiapt.co.uk](http://www.barnsleyiapt.co.uk) or call 01226 644900

With all of us in mind.

# You quit your way with Yorkshire Smokefree



Yorkshire  
Smokefree service



## Geoff's story

My COPD was getting worse and it scared me. My biggest motivation was family. I didn't want my grandchildren seeing me puffing and panting.

I got help from Yorkshire Smokefree – the nicotine patches worked wonders. Stopping smoking was a huge achievement for me! I still have good and bad days, but my COPD isn't getting any worse now.



Stopping smoking can be a challenge but we are here to support you. In fact, with NHS support you're up to four times more likely to quit successfully! We've already helped thousands of people in Barnsley, so let us help you.

We provide expert NHS advice and support for anyone who wants to stop smoking. Our friendly experts will help you find the best way to quit and provide behavioural support and free stop smoking products throughout your journey with us.



If you are interested in stopping smoking or would like to speak to us for more information, please contact Yorkshire Smokefree Barnsley on:  
[swy-tr.barnsleystopsmoking@nhs.net](mailto:swy-tr.barnsleystopsmoking@nhs.net)

Yorkshire Smokefree Barnsley office: **01226 644364**

Telephone support hub: **0800 612 0011** (free from landlines)

**0330 660 1166** (free from most mobiles)

# A cleaner, greener, more sustainable Barnsley

**We're committed to protecting and enhancing Barnsley's beautiful borough and reducing carbon emissions to 'net zero' by 2045 or sooner if we can.**

Getting to net zero means reducing carbon emissions to the absolute minimum we can and offsetting the small amount that remains through things like tree planting – and we're already planting trees on a large scale.

Recently, more trees have been planted across Barnsley as part of the council's 10,000 Trees Project and the Queen's Green Canopy. Trees play a vital role for people and our communities, help to reduce pollution levels and enhance local spaces. This season 7,283 trees have been planted across our borough with schools and community groups. In addition, more than 71,000 trees were planted as part of development work and biodiversity enhancement across the borough.

We are proud to be home to one of Yorkshire's first Tiny Forests in Goldthorpe. 600 trees have now been planted, combining a mixture of native species, within the Brickyard Ponds site. The forest will help to increase biodiversity, bring in new species and improve air quality. It's also helping us learn more about how we can best use trees to tackle climate change in urban areas.



We have launched our new Rewilding scheme to encourage biodiversity and wildflowers in selected areas which will involve managing some of our grasslands differently. The project will allow small areas of natural grassland to grow, encourage new species introductions and provide vital habitats for wildlife. If you would like to get involved and help us to maintain our plots visit **[Barnsley.gov.uk/Rewilding](https://www.barnsley.gov.uk/Rewilding)**.

## Help us to protect our environment

Over the past couple of years, the pandemic has brought us many challenges. Our local green spaces, parks and countryside have become a lifeline for us all, many of us spending more time in nature than ever before. **Our green spaces play an essential role in maintaining our mental and physical wellbeing.**

Our staff continue to work extremely hard to keep our borough clean and green by clearing up litter, waste and fly tipping.

If you enjoy spending time outdoors, perhaps you would like to play your part in looking after our borough.



Visit our website at **[Barnsley.gov.uk/Litter](https://www.barnsley.gov.uk/Litter)** to get involved in litter picking near you. You can also help by reporting any instances of litter and fly tipping to us on our website at **[Barnsley.gov.uk/Waste](https://www.barnsley.gov.uk/Waste)**.

## Reducing carbon emissions

**We want to protect Barnsley for future generations.** A key part of this is reducing carbon emissions to help limit the effects of climate change.

Recently, we trialled one of Dennis Eagle's electric bin lorries on our commercial and domestic waste rounds. Our electric bin lorry trial was a huge success. We're now looking to purchase one in our vehicle replacement programme.

We have also started trials replacing diesel with hydrated vegetable oil (HVO) in some of our commercial vehicles. HVO is a direct replacement alternative to diesel and helps to reduce carbon emissions by 90%. It runs the engine more efficiently, creates cleaner local air and offers improvements to our employees' wellbeing.

## Get ready to fast-track to university.

Are you aged 19 or over and want to go to university but don't have the right qualifications to get there? Fast-track to university with Northern College.

Our Access to Higher Education programme includes:

- Business
- Criminology and Criminal Justice
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Apply to stay over at our stunning campus to focus on your studies.

**"Staying residentially was the perfect way for me to learn. I really felt part of a learning community."**



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- We are designed only for people aged 19 and over.
- Excellent student achievement rates.
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- We offer excellent facilities, an on-campus library, wrap-around support, discounted bus service and free parking on site.
- Our programme is designed for adults with busy lives, so you can work part-time whilst you study.

### Study for free

Most students can study most of our courses up to level 2 for free (including Pre-Access, and English and Maths). For level 3 Access to Higher Education courses, you can apply for an Advanced Learner Loan. Most students do not need to pay this back if they complete a university course afterwards or until they earn a certain amount.

Contact us or visit our website to find out more.

**Northern College**  
**Wentworth Castle**  
**Barnsley, S75 3ET**  
**Call: 01226 776000**  
**Email: [advice@northern.ac.uk](mailto:advice@northern.ac.uk)**  
**Web: [www.northern.ac.uk](http://www.northern.ac.uk)**





# Spotlight on Barnsley's new Community Diagnostic Centre in the Glass Works

Already open for phlebotomy and ultrasound appointments, this summer Barnsley Hospital's new Community Diagnostic Centre (CDC) in the Glass Works will also begin to provide breast screening, X-ray and bone density scanning. The town centre facility will not only provide greater local capacity for these vital diagnostic services, but it's hoped the location will encourage more people to attend their regular check-ups.

Barnsley Hospital Deputy Chief Executive and Chief Delivery Officer Bob Kirton said: ***"The hospital is fairly central, but it is still quite a walk from the town centre and parking is limited. The Glass Works is much better located."***

***"We have done some public engagement exercises and the public has been really enthusiastic."***

The project was only made possible because of the close partnership with Barnsley Council. A working group was established at the start of the year to oversee the creation of the centre including teams from the hospital, commissioners, the ICS and the public.

***"The support from the council was fantastic,"*** said Mr Kirton. ***"There were so many logistical issues to sort out from planning and security to ensuring the kit and equipment could be housed at the site. Right from the start we worked hand-in-hand with the council – they immediately saw how important offering a service like this in this location was."***

The funding for the diagnostics centre at the Glass Works was secured by South Yorkshire and Bassetlaw Integrated Care System (SYBICS), which was given funding from NHS England for two such facilities in South Yorkshire. This development has a capital budget of just under £3m.

We caught up with Service Manager Allie Lamb for her thoughts on how the CDC could change how people access diagnostic services - she explains how the project came about:

***"The decision to bid for funding was based on a report about diagnostic services by UK National Screening Committee Chair Sir Mike Richards. The report suggested it would be better for patients if emergency care and elective "planned" care were provided in separate locations. Essentially, staff working at the CDC will be able to concentrate on performing routine outpatient appointments without interruption, and staff at the hospital site can concentrate on emergency and inpatient work."***

***"We hope this dedicated centre for outpatient work will improve the experience for people coming for routine diagnostics. Patients are enjoying the convenience of the town centre setting with plentiful parking and amenities."***

Allie has encouraged teams to visit during the construction phase of the project and the feedback has been great. People love the modern and fresh look, and find the town centre location very convenient, and the teams are really excited to be able to provide services in such a different setting. Allie agrees the Glass Works is a great location,

***"The Glass Works is a fantastic asset for Barnsley - a real local hub with the library and museum units mixed in with retail and now healthcare. We hope the central location will help reduce patients' travel, and that some people may choose to come for their appointments using public transport rather than driving."***

Throughout the whole project Allie has been working with more partner organisations than ever before – not only has she been working with Barnsley Council and Barnsley Clinical Commissioning Group, but



also with regional commissioners, public health teams and colleagues in hospitals across South Yorkshire. This has really been a team effort with a single focus – improving access to diagnostic services for the people of Barnsley and the region.

The project team engaged with people who use the services to best understand what they wanted from the Community Diagnostic Centre, and Allie has found this engagement absolutely invaluable. Would Allie choose to be involved in a similar project in future?

***"Yes, definitely."***



# Exciting £23.1m investment projects for Dearne Valley



We're hugely excited about five major projects which will help regenerate, renew, and revitalise Goldthorpe, Thurnscoe and Bolton upon Dearne as part of a £23.1m investment through the Towns Fund.

The government approved the Towns Fund investment for Goldthorpe back in March 2021. The Dearne Area Team is represented on the Goldthorpe Town Deal Board - we've supported the Town Deal bid from the beginning and are really excited for the changes coming to the area.

Five business cases have been approved by the board and sent to the government for final approval.

The projects are:

## Employment land

These funds will support the development of a 72.9ha site off the A635 Barnsley Road, Goldthorpe, and a new roundabout will provide access. The funding will also be used flexibly across other employment sites. New employment opportunities will be created, and investment attracted into the area.

## Housing

Funding to regenerate traditional terraced streets dating back to pre-1919 era. Improvements will be designed to help grow pride in the area and improve wellbeing. We'll create more welcoming public spaces for residents to interact with each other socially with

opportunities for play and active travel. New affordable homes could also be delivered to our low-carbon standard. Public consultation with local residents is underway to help shape this important part of the plan.

## Phoenix Park

Plans to improve this community asset include the development of a new visitor hub, more play facilities, improved car parking and improved active travel links. The investment will also help expand the education programme currently working with four local schools, extending this work to include weekends and school holidays.

## Community and Cultural Hub

This project will develop a combined community and cultural hub within the much-loved Welfare Park. This will include refurbishment of the Dearne Playhouse, and the design of a refreshed outdoor performance and community events space. This will help create activities and opportunities to engage young people.

## Heart of Goldthorpe

This project will include a new public plaza and events area providing a central point for community activity and temporary public uses like market stalls and pop-up events. This new square will make use of the site of the former Horse and Groom public house. Public consultation has been

carried out and engagement with local people is continuing to shape this new landmark space in the heart of Goldthorpe to become a focal point for community activities.

## Get involved

There are lots of projects and services available across the Dearne Area Council wards of Dearne North and Dearne South.

Visit [Barnsley.gov.uk/TownsFund](https://Barnsley.gov.uk/TownsFund) or email [TownsFundGoldthorpe@barnsley.gov.uk](mailto:TownsFundGoldthorpe@barnsley.gov.uk) and ask us to add you to our mailing list to receive updates about consultations, events and project milestones.

Providing the homes, jobs, services and transport links you need in your local area now and in the future.



To find out what's on in your area, please follow our Facebook page [@DearneApproach](#). You can also contact the Dearne Area Team at [DearneTeam@barnsley.gov.uk](mailto:DearneTeam@barnsley.gov.uk).

# What's in your local Community Pantry?

In early 2020, Worsbrough Community Church reached out to the Worsbrough Ward Alliance to discuss setting up a food bank.

Michelle Toone, who is the Community Development Officer for Worsbrough, met with the group. They discussed opening a community pantry to offer help to families that would complement the Healthy Holidays programme.

With support from the Area Team the pantry was set up and opened. The community pantry opened in November 2020, offering membership to anyone living in the Worsbrough ward and struggling with their finances. Members are able to pay £3 a week to take away goods worth over £15. Membership is steadily increasing on a weekly basis as more people hear about the pantry and the support available.

The Community Pantry has become a lifeline to residents in the local community. It helps to ease some of the financial pressures faced by low-income families who have been impacted by COVID-19 and rising energy costs. One of the residents who has been using the pantry also

finds that it's a fantastic place to socialise and have a chat with other visitors and volunteers. She says she's **"always made to feel welcomed and listened to."**

The pantry has been set up to give residents a shop-like experience, with a range of food on offer. What's more, the volunteers at the Community Church have been supported in their new roles and have grown in confidence and knowledge since the initial opening. There's the opportunity for residents who use the pantry to volunteer and develop their skills and confidence. It's great to see the journey from pantry user to volunteer.

The pantry has been visited 838 times over the 68 weeks it has been open. Six volunteers support the running of the pantry.

Relationships have been established with other supporting organisations such as Berneslai Homes, Warm Homes team, Church Action Against Poverty, Centre Point, Endorphins,

Fareshare, Good Food Barnsley, Central Family Centre and Age UK, as well as links with local schools.

Volunteers have helped members to access other services in the borough, some of these include help to reduce loneliness and isolation. It's also been a great place for the Ward Alliance and other partners to have fantastic conversations about what's happening locally and how we can support our residents further.

## Get involved

Have you got the itch to get involved and make something better where you live? There are lots of projects and services available across the Central Area Council wards of Central, Dodworth, Kingstone, Stairfoot and Worsbrough.

**To find out what's on in your area, please follow our Facebook page @BarnsleyCentral. You can also contact the Central Area Team on 01226 775 707 or by email at [CentralTeam@barnsley.gov.uk](mailto:CentralTeam@barnsley.gov.uk).**



# The Dell green space, revitalised by you

The Dell Project was started by residents with support from the North East Area Team. The project looks to enhance the park's qualities as a place of nature, play, and leisure.

The North East Area Team recently supported the project to help deliver positive, community-led change. One of the Community Development Officers in the North East worked with a group of residents to create a project group, arranging visioning sessions and volunteer activities on site. As a result, so many fantastic volunteers have been getting involved to help transform the space.

In October 2021, the team began a piece of collaborative work with The University of Sheffield's Architecture Department, through their 'Live Projects' initiative. This provided an opportunity for residents to work closely with 14 trained architecture students, to develop their ideas for the site to take forward. Residents got involved with a series of interactive workshops, and worked with key council departments to come up with ideas on transforming the space.

The students also ran engagement sessions with local young people, in partnership with local Early Intervention and Prevention Officers, to understand needs and current uses of the park. A large-scale youth event was held, which included a climbing wall and several artistic workshops, to help get the creative juices flowing.

After all the amazing work and conversations from you, our local community, we were able to propose a plan for the future. This includes improving paths and entrances and the creation of a community and youth space with a pump track for bikes, scooters, and skateboards. Young people will be involved in the design, building and replacement of the play park, which will be suitable for children of different ages.

The community group are now progressing the proposals with the ongoing support of the Area Team and other council partners. Please get in touch with the team for more information on how you can get involved in future projects within your local area.

## Get involved

Have you got the itch to get involved and make something better where you live? There are lots of projects and services available across the North East Area Council wards of Cudworth, Monk Bretton, North East and Royston.



To find out what's on in your area, please follow our Facebook page [@NorthEastAreaTeam](#) and watch out for information on your local community notice boards. You can also contact the North East Area Team on **01226 773 013** or via email at [NorthEastTeam@barnsley.gov.uk](mailto:NorthEastTeam@barnsley.gov.uk).

People are proud of and look after their local environment.



# Making sure children and young people are supported



Transitioning from primary school to secondary school can be a testing time for many young people, especially with the pandemic which has had a real effect on their mental health and wellbeing.

Schools in the North Area have been given additional support from the voluntary and community sector, including Ad Astra, Reds in the Community and YMCA. Interactive and creative sessions have helped to build confidence and support young people across the area.

Due to the pandemic, many children in Barnsley were feeling socially isolated. One young person who went to the Ad Astra sessions found it helpful to learn *"how to be a good friend, what to do in different scenarios, like someone being bullied, and different ways of communication."*

A teacher from Mapplewell Primary School thanked Reds in the Community for the work that they did with the children, saying that they *"absolutely loved the sessions."*



## Meet your local Housing and Cohesion Officer

*"Hello, my name is Bradley Beatson and I am the Housing and Cohesion Officer for the North Area of Barnsley. I offer advice, support and assistance to private sector housing tenants and landlords.*

*I love my role as it means I'm helping people in the community to have the best possible housing conditions.*

*As part of my job, I speak to letting agents, landlords and those who rent to make sure we're all working together to make Barnsley a good place to live."*

**If you would like to have a chat or are concerned about a neighbour, friend or family member please contact Bradley by emailing [Safer@barnsley.gov.uk](mailto:Safer@barnsley.gov.uk).**

## Support sessions are in full swing at your local community hub

The North Area is funding advice sessions in community hubs, offering help with debt and money worries, benefits, housing, employment, relationships, consumer and energy issues. We know the past couple of years have been difficult for many people. Delivered by Barnsley Citizens Advice and DIAL, these sessions provide residents with support on the next steps they can take.

The sessions have proved really helpful to people who need extra support. Adam, a local resident, was feeling anxious about his finances, but felt relieved and encouraged after receiving support from Barnsley CAB. Adam said that the session gave him the clarity and confidence he needed to take the next steps

towards recovery, and that he knew he had support on the way ahead. Similarly, another resident, Liz, is now much clearer about her situation and feels like she can move forwards with more confidence.

**We want people to access the right support, at the right time and place and are able to tackle problems early.**

We're really pleased to be able to offer this support to households who are feeling the impact of the increases in cost of living. **To find out when and where to get support in the North Area, contact the Adviceline on 0800 144 88 48. You can contact DIAL on 01226 240 273.**

### Get involved

There are lots of projects and services available across the North Area Council wards of Darton East, Darton West, Old Town and St Helen's.

**To find out what's on in your area, follow our Facebook page [@BarnsleyNorthAreaTeam](https://www.facebook.com/BarnsleyNorthAreaTeam).**

**You can contact the North Area Team at [NorthTeam@barnsley.gov.uk](mailto:NorthTeam@barnsley.gov.uk).**

# School's Out

Cawthorne Cricket Club did an excellent job making use of the 'Schools Out' Fund. This fund was made available by the Penistone Ward Alliance to provide free and subsidised activities for children in the Penistone area.

One of the children said they had really enjoyed the cricket camp. *"I have learnt new skills, how to ball off stump line, bat straight and what a fourth stump is. I would love to go to cricket camp again."* Sounds like we may have a future Joe Root on our hands. Parents told us that their children had thoroughly enjoyed the week and their confidence in the game had improved enormously.

The Schools Out Fund also helped respond to antisocial behaviour in Penistone Town Centre. The 'Stay Active and Safe' event took place at Penistone skate park during the Easter holidays. Young people met the local policing team and took part in activities offered by Penistone Leisure Centre and Penistone Church Junior Football Club. There was also a bike safety check that was carried out by Cycle Penistone.

These projects have made an enormous difference, going some way to ease the impact of the pandemic and helping everyone to feel better and smile more.

Funding has enabled over 150 separate activities for young people in the last 12 months provided by local organisations, volunteers, and community groups. As a result of the success of this, Penistone Area Council has committed a further £40,000 from this year's budget to extend its grant programme to support young people in the area.

## Get involved

There are lots of projects and services available across the Penistone Area Council wards of Penistone East and Penistone West.

**To find out what's on in your area, please follow our Facebook page @PenAreaTeam. You can also contact the Penistone Area Team on 01226 773 012 or via email at [PenistoneTeam@barnsley.gov.uk](mailto:PenistoneTeam@barnsley.gov.uk).**

## Young people get stuck in with wellbeing activities

After what has been a difficult two years for everyone, Penistone Area Council and the Penistone Ward Alliance wanted to reach out and support young people. With the 'Supporting Young People' grant from the Penistone Area Council, several different support services were launched across the area.

Funding helped to provide activities from boxercise and circuit training at Penistone Leisure Centre, to singing workshops by Angel Voices Performing Arts Academy. After lockdowns and social isolation, young people were excited to get out of the house and stuck in. Barnsley West Girlguiding used the grant for an adventure day, helping young women to experience outdoor activities for the first time.

As well as providing fun activities, we wanted to support young people who were struggling with their mental health. Sessions at Penistone Grammar School were delivered for Years 7 to 11 by Ad Astra, who provide activities and support to young people, as well as one-to-one support for post-16 students from a counsellor. 'Active Minds,' a project from local radio station Penistone FM, helped young people to talk about their experiences of the pandemic.



# Supporting wellbeing with a chat and a cuppa

The South Area Team and Hoyland Milton and Rockingham Ward Alliance jumped into action to organise wellbeing events for residents in the area.

We had a fantastic turnout, with over 300 residents attending the events, who were able to visit a range of stalls such as Age UK, Citizens Advice, our libraries and public health teams, and many more.

We wanted these events to help people live in the place they call home, with the people and things they love. So communities can look out for one another and people can do the things that matter to them.

It was also a great chance to "have a chat over a cuppa" and get back out in the local area after a long two years with the focus being on COVID-19.

Margaret, who is a wonderful 82-year-old came along with two of her good friends. ***"We saw it advertised in the post office. We just thought we'd pop along to see what it was about but were surprised to get a pack of free, useful goodies like a hot water bottle and slippers. We had a cup of tea and a biscuit together, and I was able to speak to one of my local councillors about a problem with our local bus stops. It was great to be able to raise the issue this way as I don't use computers."***

We also received a lovely email from Kathryn who lives in Birdwell. She told us, ***"Just want to say thank you for the very informative event at Hoyland library today. Lots of useful information for keeping warm and falls prevention in the goody bag."***

Two ladies who came along to the event had previously received cancer treatment. They felt that since the treatment had ended, they had been 'forgotten about'. People on the stand listened to their issues and helped them straight away.

One of the women was very tearful. She felt that as she'd finished her treatment, her family thought she was now 'fine' and was back relying on her for childcare. In reality she didn't feel fine, mentally or physically, and was still drained from it all. Cancer Services provided information to the lady about The Well. This service offers cancer patients holistic therapies and makes the necessary referral for the patient to access support. She was really overwhelmed by the help she received on the day and mentioned how grateful she was for the event. She's since had some appointments at The Well and has given feedback that it really has changed her life.

There are plenty of support services available across the South Area of Barnsley. You can find out more on the South Area Team's Facebook page.

Keeping ourselves and our families well is the key to living productive and happy lives.

## Get involved

Have you got the itch to get involved and make something better where you live? There are lots of projects and services available across the South Area Council wards of Darfield, Hoyland Milton, Rockingham and Wombwell.

**To find out what's on in your area, please follow our Facebook page @BarnsleySouthAreaTeam. You can also contact the South Area Team on 01226 355 867 or via email at SouthTeam@barnsley.gov.uk.**



# THE GLASS WORKS



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